



FORT SASKATCHEWAN'S LOCAL SUPPORT NETWORK



Feeling unsure about which agency is the right fit for you? Any of these community partners would be happy to assist you in navigating the support network.

REMEMBER, THERE'S NO WRONG NUMBER IN OUR COMMUNITY



Family & Community Support Services
CITY OF FORT SASKATCHEWAN

780-992-6267

- Outreach Supports
- System Navigation
- Community and Agency Supports
- Workshops and Trainings
- Community Programs

 *Digital copies feature clickable links for convenient access, guiding you directly to the websites below!*

BGC Fort Saskatchewan

fortsask.bgccan.com



- (780) 992-0103
- Children & Youth 6+
- Before/After school care, youth programs
- Family Supports and programs

Families First Society

familiesfirstsociety.ca



- (780) 998-5595 ext. 221
- Play programs, Family support and education, Family Violence Prevention, System navigation, Connection to resources for all ages

The Bridge Wellness Hub for Youth

facebook.com/TheBridgeWHY



- (780) 589-0024
- Youth 11-24
- Youth and Family centered health, mental health and social support services

Fort Saskatchewan Public Library

fsppl.ca



- (780) 998-4275
- Educational and entertainment resources, services and programs for all ages

Heartland Housing Foundation

heartlandhousing.ca



- (780) 400-3500
- Rent assistance programs
- Near market housing
- Seniors lodges, near market and affordable apartments

Fort Saskatchewan Nourishment Center/Food Bank

fortsaskatchewanfoodbank.com



- (780) 998-4099
- Food Hampers (T,Th)
- Daily Bread+ (M,W,F)
- Christmas Hamper and Toys

The Fort Foundation

fortfoundation.ca



- (877) 359 3640
- Information, advocacy, and referral services on Family, Civil, Immigration and Criminal Law

Careers Under Construction

careersunderconstruction.ca



- (587) 760-2010
- Skill-Bit employment skills training program

Robin Hood Association

robinhoodassoc.com



- (780) 992-0035
- Adult, youth, and children services for people with developmental disabilities

Fort Saskatchewan Furniture Bank

fortsaskfurniturebank.com



- Provides gently used furniture and household goods to those that qualify. Please refer to their website for the criteria.

EISA Settlement Practitioner

eisa-edmonton.org



- (780) 991-8223
- Information, advocacy, and support for new immigrants, refugees and first generation Canadians

Outloud

outloudstalbert.ca



- (587) 936-9620
- 2SLGBTQIAP+ supports, programs, resources, advocacy and education

Creating Hope Society

creatinghopesociety.ca



- (780) 477-7961
- Indigenous based programs, cultural supports, education and resources

Fort Lions Transportation Society

fortsasklions.com



- (780) 940-5247
- Specialized transit support related to wheelchair, scooter or walker use

Pioneer House Club 50

facebook.com/PioneerHouse50



- (780) 998-3898
- Seniors social supports, recreational opportunities, outings, and events

Fort Saskatchewan Community Hospital

albertahealthservices.ca



- (780) 998-2256
- Acute and outpatient care
- 24hr emergency services
- Women's health
- Ophthalmology



FORT SASKATCHEWAN'S LOCAL SUPPORT NETWORK FOR YOUTH



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**Family & Community
Support Services**
CITY OF FORT SASKATCHEWAN
780.992.6267

- Outreach Supports
- System Navigation
- Community and Agency Supports
- Workshops and Trainings
- Community Programs

FCSS Youth Outreach Intake

780.992.6267

- Short term, goal oriented, one-on-one support to youth ages 6-18 and their families
- School, home, office, or community visits offered



The Bridge Wellness Hub for Youth by Kickstand

780.589.0024 [facebook.com/TheBridgeWHY](https://www.facebook.com/TheBridgeWHY)

- Youth 11-24
- Youth and Family centered health, mental health and social support services



Families First Society

780.998.5595 ext. 221 [familiesfirstsociety.ca](https://www.familiesfirstsociety.ca)

- Play programs, Family support and education, Family Violence Prevention, System navigation, Connection to resources for all ages



211 Alberta

2-1-1 ab.211.ca

- Connects you with the proper resource or service for your situation. Live answer 24/7
- If you're having an emergency call 9-1-1



Fort Saskatchewan Public Library

780.998.4275 [fspl.ca](https://www.fspl.ca)

- Educational and entertainment resources, services and programs for all ages



BGC Fort Saskatchewan

780.992.0103 [footsask.bgccan.com](https://www.footsask.bgccan.com)

- Children & Youth 6+
- Before/After school care, youth programs
- Family Supports and programs



For more information and services, please visit footsask.ca/FCSS

Kids Help Phone

1-800-668-6868 kidshelpphone.ca

Text CONNECT to 686868

- 24/7 e-mental health services to young people in Canada



Child Intervention Intake

1.800.638.0715 alberta.ca/child-intervention

- Offers to work with children, youth, and families to ensure the safety and well-being of children and youth.



Saffron Centre

780.449.0900 www.saffroncentre.com

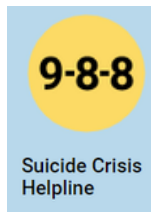
- Counselling, education, and advocacy for individuals impacted by sexual violence



Suicide Crisis Helpline

988 Call or Text 988.ca

- A safe space to talk, 24 hours a day, every day of the year
- If safety is at risk, call 9-1-1 right away



Fort Saskatchewan Nourishment Center/Food Bank

780.998.4099 fortsaskatchewanfoodbank.com

- Food Hampers (T,Th)
- Daily Bread+ (M,W,F)
- Christmas Hamper and Toys



Indigenous Support Line

1.844.944.4744 or 811

- Support line for first Nations, Métis, and Inuit people
- Connects callers with Indigenous listeners who can provide culturally appropriate care and healthcare guidance



AHS Addiction and Mental Health - Intake Services, Child and Adolescent

825.402.6799

- Provides a single intake service for child and adolescent community mental health clinics across the Edmonton Zone



Distress Line

780.482.4357

- The Distress Line is available 24/7 for those in crisis or distress or those supporting someone who is.



Hope for Wellness

1.855.242.3310 hopeforwellness.ca

- Offers 24/7 support and counselling services to Indigenous peoples



Hope for Wellness

Robin Hood Association

780.992.0035 robinhoodassoc.com

- Children and Youth Services offers family-centered programs and respite services to children with disabilities and their families.



For more information and services, please visit fortsask.ca/FCSS



FORT SASKATCHEWAN'S LOCAL SUPPORT NETWORK FOR SENIORS



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**Family & Community
Support Services**
CITY OF FORT SASKATCHEWAN

780.992.6267

- Outreach Supports
- System Navigation
- Community and Agency Supports
- Workshops and Trainings
- Community Programs

Meals on Wheels

780.992.6267

- Nutritious meals delivered to residents homes Mon-Fri
- Cost is \$8.50/meal



Fort Lions Transportation Society

780.940.5247 fortsasklions.com

- Specialized transit support related to wheelchair, scooter or walker use



We Serve

Home Care - Adult Services

780.496.1300 (intake) 780.342.2333 (clients)

- Professional health & support services at home
- Services include: after-surgery care, respite services, short & long-term care needs, palliative care



Pioneer House Club 50

780.998.3898 facebook.com/PioneerHouse50

- Seniors social supports, recreational opportunities, outings, and events



Heartland Housing Foundation

780.998.3321 heartlandhousing.ca

- Rent assistance programs
- Near market housing
- Seniors lodges, near market and affordable apartments



Fort Saskatchewan Nourishment Center/Food Bank

780.998.4099 fortsaskatchewanfoodbank.com

- Food Hampers (T,Th)
- Daily Bread+ (M,W,F)
- Christmas Hamper and Toys



The Fort Foundation

877.359.3640 fortfoundation.ca

- Information, advocacy, and referral services on Family, Civil, Immigration and Criminal Law



Careers Under Construction

587.760.2010 careersunderconstruction.ca

- Skill-Bit employment skills training program



Robin Hood Association

780.992.0035 robinhoodassoc.com

- Adult, youth, and children services for people with developmental disabilities



Fort Saskatchewan Furniture Bank

fortsaskfurniturebank.com

- Provides gently used furniture and household goods to those that qualify. Please refer to their website for the criteria.



EISA Settlement Practitioner

780.991.8223 eisa-edmonton.org

- Information, advocacy, and support for new immigrants, refugees and first generation Canadians



Leisure Days Adult Day Support Services

780.998.7678

leisuredays-services.com

780.496.1300 (intake)

- Engaging dependent adults in purposeful recreation & socialization
- Caregiver Respite
- T/Th 9:30am-3:30pm



The Legion - Branch No.27

780.998.3466

- Local services, supports, and socialization
- Silver Wing Lounge
- Walker/Wheelchair Loans



Families First Society

780.998.5595 ext. 221 familiesfirstsociety.ca

- Play programs, Family support and education, Family Violence Prevention, System navigation



Fort Saskatchewan Public Library

780.998.4275 fspl.ca

- Educational and entertainment resources, services and programs for all ages



Fort Saskatchewan Community Hospital

780.998.2256 albertahealthservices.ca

- Acute and outpatient care
- 24hr emergency services
- Women's health
- Ophthalmology



Still have Questions? Contact Lucas (FCSS Seniors Coordinator) 780.992.6623

2024 Transit Fares

Effective February 1, 2024

Cash Rates		
	Local	Commuter
Cash Fare (no discounts)	\$3.00	\$5.00

Arc Rates		
	Local	Commuter
Arc tickets		
Arc tickets (no discounts)	\$3.00	\$5.00
PAYG Rates		
Flat Rate Fare (no discounts)	\$2.50	\$4.50
Monthly Caps		
Standard Adult	\$47.50	\$85.50
Youth (6-18)	\$23.75	\$42.75
Young Adult (19-24)	\$47.50	\$85.50
Student (19-24)	\$23.75	\$42.75
Student (25+)	\$23.75	\$42.75
Senior	\$23.75	\$42.75
Everyone Rides	\$14.25	\$25.75

