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# FORT SASKATCHEWAN

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## • ELEMENTARY •

Dear FSE Families,

A three-day week definitely flies by! Congratulations to our boys' and girls' basketball teams who won bronze in the tournament they were in last weekend! Way to go, Elements! We are very proud of your accomplishments!

### **School Council & Parent Society**

**DATE CHANGE!** **Thursday, March 9 at 5:30 p.m.** is our next School Council and Parent Society meeting at our school! We will also be offering a virtual hybrid of this meeting for those who are unable to attend in person. You will need a gmail account to join. The link will be sent out closer to the meeting date. All parents/guardians welcome!

Did you know you can offer your support to our School Council & Parent Society by donating your time? A little or a lot, we appreciate any donated time! Contact our School Council & Parent Society Executive directly to learn more about potential volunteer opportunities: [fseparentsociety@gmail.com](mailto:fseparentsociety@gmail.com)

### **Hot Lunch!**

The [Winter/Spring 2023 Hot Lunch program](#) is now open for the following dates:

- Friday Feb. 17 – Tim Hortons (cut off to order is Thursday Feb. 9)
- Friday Mar. 17 – Boston Pizza (cut off to order is Thursday Mar. 9)
- Friday Apr. 21 – Ken's Catering (cut off to order is Thursday Apr. 13)
- Friday May 26 – Prime Time Donair (cut off to order is Thursday May 18)
- Friday June 9 – Perry's 2 For 1 Pizza (cut off to order is Thursday June 1)

A heartfelt thank you goes out to the parents/guardians/caregivers who volunteer their time to run this program for our school! We appreciate your dedication to making FSE a great place to be!

### **School Spirit Wear Is Now Available**

Order your Fort Saskatchewan Elementary school spirit wear and 10% of your purchase will be donated to our Parent Society to support our school community!

Order here: <https://fse.entripyshops.com/>

### **Kindergarten Registration is Now Open!**

Is your child turning five on or before Dec. 31, 2023? If so, it's now time to register for kindergarten. To register, simply complete the online registration form at [eips.ca/kindergarten](https://eips.ca/kindergarten).

To help families prepare, Elk Island Public Schools has put together an online EIPS Kindergarten Tool kit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more.

Additional information regarding Fort Saskatchewan's kindergarten program is available at <https://www.fortelem.ca/programs/kindergarten>.

### **Complete the Returning Student Registration: February 1-28**

Elk Island Public Schools' (EIPS) returning student registration process is now open. All returning students must complete the online Returning Student Registration Form to confirm their enrolment in a school for the upcoming 2023-24 school year. Additionally, students who want to attend a non-designated school need to make that request through the returning student registration process—acceptance is based on available space. **All returning EIPS students are required to complete the form by Feb. 28, 2023.**

To access the Returning Student Registration Form, simply log in to the [PowerSchool Parent Portal](#).

If you don't have a PowerSchool Parent Portal account, you do need to set one up. For help see: [Create a PowerSchool Parent Portal account](#)

For more information contact the school directly at 780-998-7771.

### **RELATED INFORMATION:**

[Returning Student Registration Process](#)  
[Frequently Asked Questions](#)

[EIPS School Boundary Maps](#)  
[Closed Boundaries 2023-24](#)  
[Find my designated school](#)  
[Applying to a non-designated school](#)

## **Download the SchoolMessenger App**

**Fort Saskatchewan Elementary** and the Division use the SchoolMessenger platform to communicate with families—through both phone and email. Be sure to add [communications@eips.ca](mailto:communications@eips.ca) and [fse.general@eips.ca](mailto:fse.general@eips.ca) to your safe sender list to avoid having important messages funneled into your junk mail folder.

The easiest way to stay connected is to download the SchoolMessenger app. Get the latest updates from both the Division and your child's school direct to your mobile device and enable push notifications to never miss a message.

Families can also check back on past messages—for up to 30 days—directly in the app rather than searching to find an old message buried in their inbox.

Download the SchoolMessenger app from the [App Store](#) or [Google Play](#) today.

## **Caregiver Education Team Newsletter February 2023**

Alberta Health Services offers free online programming for parents and caregivers of children and youth. These free sessions are using the Zoom platform. Upcoming sessions include:

- Parenting Strategies for Positive Mental Health
- Technology and the Teenage Brain
- Understanding Self Injury
- Understanding Anxiety Series ~ Overcoming Avoidance
- Resiliency Through Caring, Connecting, and Coping

For more information, visit [cyfcaregivereducation.ca/home](https://cyfcaregivereducation.ca/home) and click on the latest newsletter link at the bottom of the page.

## **Volunteers Needed!**

Are you available the morning or afternoon of February 14 to assist in supervising our FSE Valentine's Day Carnival happening in our gym? We are looking at having 5 volunteers from 8:30 a.m. to 12 p.m. and another 5 volunteers from 12:50 p.m. to 3 p.m.

If this is something you are interested in, please email [general.fse@eips.ca](mailto:general.fse@eips.ca) indicating your interest by February 7 at 4 p.m. Please share if you are available in the morning or afternoon. Should we have a lot of volunteers we will conduct

a random draw and the school will communicate with those people chosen as volunteers on February 8.

Thank you in advance for your interest in volunteering to make our Valentine Carnival a success!

### **How You Can Support Your Child's Mental Health**

Watch for behaviour changes. It's very normal for kids to go through changes in behaviour during different developmental stages. However, if you notice that your child has become more withdrawn or isolated from their friends, family, or routine, it may be a sign that they're experiencing a situation or feeling that they don't know how to process on their own. Check in with your child and let them know you're there and ready to support them however they need.

### **Tips to Help Your Child Enjoy Reading**

Give your child the option to listen to audiobooks as they follow along in the book. Listening to strong reading can help with fluency and comprehension.

### **Looking forward to February...**

**February 9 & 10 ~ Teachers' Convention (no school for students)**

**February 13 to 17 ~ FSE Food Bank Drive**

**February 14 ~ Red/Pink & White Day ~ Wear any or all these colours today! ~ Valentine's Day Carnival!**

**February 17 ~ Family Day Assembly!**

**February 20 ~ Family Day (no school)**

**February 28 ~ Returning student registration closes**

### **Looking forward to March...**

**March 1 ~ Early Dismissal ~ Wear Yellow Day to represent the element of air!**

**March 3 ~ Professional Learning Day! No school for students**

**March 9 ~ School Council/Parent Society Meeting @ 5:30 p.m. All parents/guardians welcome!**

**March 17 ~ Hot Lunch! Term 2 Report Card Published!**

**March 23 ~ Crazy Hair Day!**

**March 24 to April 2 ~ Spring Break! No school! Classes resume April 3.**

Enjoy your extra-long weekend everyone!

Kindly,  
Shelby Labrecque, M. Ed.  
Principal  
Fort Saskatchewan Elementary School