

# FORT SASKATCHEWAN

# ELEMENTARY

Dear FSE Families,

A huge thank you to our families who came out to our student/parent/teacher conferences this week! It is a joy to have families in our building to celebrate student successes and work together to support our students' learning!

As well, we truly appreciate you bringing in your empty bottles on your conference night! All funds raised go towards supporting our school community. If we raised \$1000, we will be counting student votes to see which teacher the students chose to have some fun with! Will it be Ms. DenBraber getting taped to the gym wall or Ms. Percy getting 'silly stringed' from head to toe? Or maybe students want to see Ms. Frey get a pie in the face or me getting completely wrapped in toilet paper. Or would they rather listen to Ms. Zap rapping a song on morning announcements? Stay tuned!

# **School Council & Parent Society**

SAVE THE DATE! Thursday, March 9 at 5:30 p.m. is our next School Council and Parent Society meeting at our school! We will also be offering a virtual hybrid of this meeting for those who are unable to attend in person. You will need a gmail account to join. The link will be sent out closer to the meeting date. All parents/guardians welcome!

Did you know you can offer your support to our School Council & Parent Society by donating your time? A little or a lot, we appreciate any donated time! Contact our School Council & Parent Society Executive directly to learn more about potential volunteer opportunities: <a href="mailto:fseparentsociety@gmail.com">fseparentsociety@gmail.com</a>

#### Hot Lunch!

The Winter/Spring 2023 Hot Lunch program is now open for the following dates:

- Friday Feb. 17 Tim Hortons (cut off to order is Thursday Feb. 9)
- Friday Mar. 17 Boston Pizza (cut off to order is Thursday Mar. 9)
- Friday Apr. 21 Ken's Catering (cut off to order is Thursday Apr. 13)
- Friday May 26 Prime Time Donair (cut off to order is Thursday May 18)
- Friday June 9 Perry's 2 For 1 Pizza (cut off to order is Thursday June 1)

A heartfelt thank you goes out to the parents/guardians/caregivers who volunteer their time to run this program for our school! We appreciate your dedication to making FSE a great place to be!

# School Spirit Wear Is Now Available

Order your Fort Saskatchewan Elementary school spirit wear and 10% of your purchase will be donated to our Parent Society to support our school community!

Order here: <a href="https://fse.entripyshops.com/">https://fse.entripyshops.com/</a>

## Kindergarten Registration is Now Open!

Is your child turning five on or before Dec. 31, 2023? If so, it's now time to register for kindergarten. To register, simply complete the online registration form at eips.ca/kindergarten.

To help families prepare, Elk Island Public Schools has put together an online EIPS Kindergarten Tool kit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more.

Additional information regarding Fort Saskatchewan's kindergarten program is available at https://www.fortelem.ca/programs/kindergarten.

#### Complete the Returning Student Registration: February 1-28

Elk Island Public Schools' (EIPS) returning student registration process is now open. All returning students must complete the online Returning Student Registration Form to confirm their enrolment in a school for the upcoming 2023-24 school year. Additionally, students who want to attend a non-designated school need to make that request through the returning student registration process—acceptance is based on available space. All returning EIPS students are required to complete the form by Feb. 28, 2023.

To access the Returning Student Registration Form, simply log in to the <u>PowerSchool Parent Portal</u>.

If you don't have a PowerSchool Parent Portal account, you do need to set one up. For help see: <u>Create a PowerSchool Parent Portal account</u>

For more information contact the school directly at 780-998-7771.

#### **RELATED INFORMATION:**

Returning Student Registration Process

Frequently Asked Questions

**EIPS School Boundary Maps** 

Closed Boundaries 2023-24

Find my designated school

Applying to a non-designated school

# Download the SchoolMessenger App

**Fort Saskatchewan Elementary** and the Division use the SchoolMessenger platform to communicate with families—through both phone and email. Be sure to add <u>communications@eips.ca</u> and <u>fse.general@eips.ca</u> to your safe sender list to avoid having important messages funneled into your junk mail folder.

The easiest way to stay connected is to download the SchoolMessenger app. Get the latest updates from both the Division and your child's school direct to your mobile device and enable push notifications to never miss a message.

Families can also check back on past messages—for up to 30 days—directly in the app rather than searching to find an old message buried in their inbox.

Download the SchoolMessenger app from the <u>App Store</u> or <u>Google Play</u> today.

# Caregiver Education Team Newsletter February 2023

Alberta Health Services offers free online programming for parents and caregivers of children and youth. These free sessions are using the Zoom platform. Upcoming sessions include:

Parenting Strategies for Positive Mental Health
Technology and the Teenage Brain
Understanding Self Injury
Understanding Anxiety Series ~ Overcoming Avoidance
Resiliency Through Caring, Connecting, and Coping

For more information, visit <u>cyfcaregivereducation.ca/home</u> and click on the latest newsletter link at the bottom of the page.

#### **Volunteers Needed!**

Are you available the morning or afternoon of February 14 to assist in supervising our FSE Valentine's Day Carnival happening in our gym? We are looking at having 5 volunteers from 8:30 a.m. to 12 p.m. and another 5 volunteers from 12:50 p.m. to 3 p.m.

If this is something you are interested in, please email <u>general.fse@eips.ca</u> indicating your interest by February 7 at 4 p.m. Please share if you are available in the morning or afternoon. Should we have a lot of volunteers we will conduct a random draw and the school will communicate with those people chosen as volunteers on February 8.

Thank you in advance for your interest in volunteering to make our Valentine Carnival a success!

## How You Can Support Your Child's Mental Health

Model healthy coping skills. You can help your children learn how to deal with their emotions in a healthy way by modeling coping skills at home. You can engage in these skills with your child or talk them through doing them on their own. Activities such as deep breathing, using stress balls, making art (painting, coloring, doodling) or going for walks can be great strategies for coping with feelings.

#### Tips to Help Your Child Enjoy Reading

Make reading fun again! Let your kids read any appropriate books, graphic novels, magazines, or other materials they enjoy, regardless of reading level. Choice is important.

## Looking forward to February...

February 9 & 10 ~ Teachers' Convention (no school for students)

February 13 to 17 ~ FSE Food Bank Drive

February 14 ~ Red/Pink & White Day ~ Wear any or all these colours today! ~

Valentine's Day Carnival!

February 17 ~ Family Day Assembly!

February 20 ~ Family Day (no school)

February 28 ~ Returning student registration closes

#### Looking forward to March...

March 1 ~ Early Dismissal ~ Wear Yellow Day to represent the element of air!

March 3 ~ Professional Learning Day! No school for students

March 9 ~ School Council/Parent Society Meeting @ 5:30 p.m. All parents/guardians welcome!

March 17 ~ Hot Lunch! Term 2 Report Card Published!

March 23 ~ Crazy Hair Day!

March 24 to April 2 ~ Spring Break! No school! Classes resume April 3.

It looks like we will be gifted with warmer temperatures this weekend and next week. I hope everyone finds some time to get outside and enjoy the mild weather with loved ones! Enjoy your weekend, everyone!

Warmly, Shelby Labrecque, M. Ed. Principal Fort Saskatchewan Elementary School